

Health education and prevention – strategic purposes of the health system

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Abstract

We live in a global society, where isolation is no longer possible, a world where threats to public health are multiple and complex. In modern society, the most prevalent diseases (cardiovascular and cerebrovascular diseases, diabetes, some forms of cancer) could be avoided through prevention. The understanding of the importance of the primary prevention since childhood, the health education and health promotion will have, in the long term, a major impact on the improvement of health status and on the life expectancy growth in Romania. Prevention should be the milestone of any medical system and, of course, of the Romanian medical system, and the one health concept constitutes itself the best way to achieve this goal.

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